

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Olsztyn, 9- - 11-3-2012

Konkurencja 11  
2012-03-09 - 11:38

Dziewcz t, 400m zmienny

14 lat  
Wyniki Eliminacje

Rekord Polski Juniorów 14-lat 4:53.86 SIE CZYK, Jowita 00903 ak Biała Podlaska 2011-12-18

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
1.	MENDYK, Adrianna SO		98	Wodnik Radom				<b>5:12.14</b>	584	A
	50m:	32.19 32.19	150m:	1:50.20	39.53	250m:	3:13.98	44.65	350m:	4:36.23 37.28
	100m:	1:10.67 38.48	200m:	2:29.33	39.13	300m:	3:58.95	44.97	400m:	5:12.14 35.91
2.	BEJUK, Oliwia		98	MKP Słowianka Gorzów Wlkp.				<b>5:13.49</b>	577	A
	50m:	32.92 32.92	150m:	1:52.67	40.50	250m:	3:16.84	44.39	350m:	4:38.85 36.93
	100m:	1:12.17 39.25	200m:	2:32.45	39.78	300m:	4:01.92	45.08	400m:	5:13.49 34.64
3.	NOGAJ, Paulina		98	Wodnik Radom				<b>5:17.81</b>	554	A
	50m:	32.20 32.20	150m:	1:53.26	41.18	250m:	3:18.47	44.91	350m:	4:42.15 37.47
	100m:	1:12.08 39.88	200m:	2:33.56	40.30	300m:	4:04.68	46.21	400m:	5:17.81 35.66
4.	GOLE , Martyna		98	Fala Kra nik				<b>5:18.16</b>	552	A
	50m:	34.10 34.10	150m:	1:55.14	40.98	250m:	3:20.07	44.78	350m:	4:41.34 36.29
	100m:	1:14.16 40.06	200m:	2:35.29	40.15	300m:	4:05.05	44.98	400m:	5:18.16 36.82
5.	GIEDZICZ, Katarzyna		98	Juwenia Białystok				<b>5:18.28</b>	551	A
	50m:	33.82 33.82	150m:	1:55.84	41.66	250m:	3:20.13	43.21	350m:	4:41.73 37.88
	100m:	1:14.18 40.36	200m:	2:36.92	41.08	300m:	4:03.85	43.72	400m:	5:18.28 36.55
6.	MA LANY, Katarzyna SO		98	UKP Unia O wi cim				<b>5:19.49</b>	545	A
	50m:	33.26 33.26	150m:	1:53.49	40.43	250m:	3:18.88	45.48	350m:	4:42.49 38.09
	100m:	1:13.06 39.80	200m:	2:33.40	39.91	300m:	4:04.40	45.52	400m:	5:19.49 37.00
7.	RADO , Sonia		98	MKS Jordan Kraków				<b>5:20.51</b>	540	A
	50m:	34.67 34.67	150m:	1:58.66	42.62	250m:	3:21.37	42.31	350m:	4:42.74 38.23
	100m:	1:16.04 41.37	200m:	2:39.06	40.40	300m:	4:04.51	43.14	400m:	5:20.51 37.77
8.	HASNY, Marta SO		98	MKS ZRYW Opole				<b>5:23.76</b>	524	A
	50m:	32.58 32.58	150m:	1:51.10	40.83	250m:	4:05.12	47.23	350m:	5:23.63 38.78
	100m:	1:10.27 37.69	200m:	3:17.89	1:26.79	300m:	4:44.85	39.73	400m:	5:23.76 0.13
9.	MUZOLF, Weronika		98	MTS Kwidzyn				<b>5:24.41</b>	521	A
	50m:	33.24 33.24	150m:	1:55.24	42.59	250m:	3:22.10	44.42	350m:	4:46.92 38.64
	100m:	1:12.65 39.41	200m:	2:37.68	42.44	300m:	4:08.28	46.18	400m:	5:24.41 37.49
10.	KOLBER, Roksana SO		98	UKP Unia O wi cim				<b>5:28.29</b>	502	A
	50m:	36.38 36.38	150m:	1:59.32	42.03	250m:	3:26.09	45.08	350m:	4:51.26 39.71
	100m:	1:17.29 40.91	200m:	2:41.01	41.69	300m:	4:11.55	45.46	400m:	5:28.29 37.03
11.	JAROCHA, Wiktoria		98	KS KSZO Ostrowiec w				<b>5:33.18</b>	480	B
	50m:	33.12 33.12	150m:	1:52.77	41.06	250m:	3:23.73	49.73	350m:	4:55.48 40.37
	100m:	1:11.71 38.59	200m:	2:34.00	41.23	300m:	4:15.11	51.38	400m:	5:33.18 37.70
12.	RODZIEWICZ, Adrianna		98	MKP Szczecin				<b>5:33.21</b>	480	B
	50m:	33.44 33.44	150m:	1:53.95	40.95	250m:	3:23.97	48.74	350m:	4:54.73 40.52
	100m:	1:13.00 39.56	200m:	2:35.23	41.28	300m:	4:14.21	50.24	400m:	5:33.21 38.48
13.	HORUDKO, JOLANTA		98	I sk Wrocław				<b>5:33.52</b>	479	B
	50m:	37.81 37.81	150m:	2:05.47	42.86	250m:	3:30.77	44.08	350m:	4:56.01 39.71
	100m:	1:22.61 44.80	200m:	2:46.69	41.22	300m:	4:16.30	45.53	400m:	5:33.52 37.51
14.	YOKOKURA, Mairi		98	Posnania Pozna				<b>5:36.95</b>	464	B
	50m:	34.94 34.94	150m:	2:02.90	46.00	250m:	3:32.06	45.95	350m:	4:59.77 40.08
	100m:	1:16.90 41.96	200m:	2:46.11	43.21	300m:	4:19.69	47.63	400m:	5:36.95 37.18
15.	WLEZIE , GABRIELA		98	AZS AWF Wrocław				<b>5:38.42</b>	458	B
	50m:	37.26 37.26	150m:	2:03.74	43.71	250m:	3:34.74	49.00	350m:	5:00.99 38.28
	100m:	1:20.03 42.77	200m:	2:45.74	42.00	300m:	4:22.71	47.97	400m:	5:38.42 37.43
16.	MAZUR, Maja		98	Salos Cortile Kielce				<b>5:44.22</b>	436	B
	50m:	35.55 35.55	150m:	2:03.58	44.18	250m:	3:36.72	51.32	350m:	5:07.29 38.23
	100m:	1:19.40 43.85	200m:	2:45.40	41.82	300m:	4:29.06	52.34	400m:	5:44.22 36.93
17.	BŁU , Barbara Bo ena		98	MUKS Olimpijczyk Suwałki				<b>5:47.58</b>	423	B
	50m:	38.27 38.27	150m:	2:09.33	43.77	250m:	3:38.80	46.90	350m:	5:07.71 42.02
	100m:	1:25.56 47.29	200m:	2:51.90	42.57	300m:	4:25.69	46.89	400m:	5:47.58 39.87

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Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	HASPERT, Dorota		98	UKS Akuatica Pawłowice				<b>5:51.18</b>	410 B
	50m:	35.81 35.81	150m:	2:05.33 44.86	250m:	3:39.43 50.43	350m:	5:10.61 40.63	
	100m:	1:20.47 44.66	200m:	2:49.00 43.67	300m:	4:29.98 50.55	400m:	5:51.18 40.57	
19.	SARNA, Katarzyna		98	UKS NAWA Skierniewice				<b>5:51.42</b>	409 B
	50m:	35.86 35.86	150m:	2:04.60 44.65	250m:	3:39.48 51.28	350m:	5:12.72 40.38	
	100m:	1:19.95 44.09	200m:	2:48.20 43.60	300m:	4:32.34 52.86	400m:	5:51.42 38.70	