

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Olsztyn, 9- - 11-3-2012

Konkurencja 19  
2012-03-10 - 9:41

Dziewcz t, 400m dowolny

14 lat  
Wyniki Eliminacje

Rekord Polski Juniorów 14-lat 4:16.92 KILIJA SKA, Donata 00612 KSZO Ostrowiec 2009-11-28

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
1.	KOTOWICZ, Anna		98	UKS MOS Ełk				<b>4:38.29</b>	601	A
	50m:	31.38 31.38	150m:	1:41.63	35.46	250m:	2:53.32	35.89	350m:	4:04.88 35.74
	100m:	1:06.17 34.79	200m:	2:17.43	35.80	300m:	3:29.14	35.82	400m:	4:38.29 33.41
2.	OLSZEWSKA, Nikola		98	MTS Kwidzyn				<b>4:40.33</b>	588	A
	50m:	31.08 31.08	150m:	1:41.03	35.30	250m:	2:52.77	36.02	350m:	4:05.36 36.34
	100m:	1:05.73 34.65	200m:	2:16.75	35.72	300m:	3:29.02	36.25	400m:	4:40.33 34.97
3.	WOJCIECHOWSKA, Joanna		98	LUKS Orlik Lublin				<b>4:41.85</b>	579	A
	50m:	32.53 32.53	150m:	1:43.50	35.97	250m:	2:56.00	35.67	350m:	4:07.77 35.70
	100m:	1:07.53 35.00	200m:	2:20.33	36.83	300m:	3:32.07	36.07	400m:	4:41.85 34.08
4.	POPIEL, Magdalena		98	Juvenia Białystok				<b>4:41.93</b>	578	A
	50m:	32.02 32.02	150m:	1:43.07	35.92	250m:	2:55.58	35.99	350m:	4:08.34 35.78
	100m:	1:07.15 35.13	200m:	2:19.59	36.52	300m:	3:32.56	36.98	400m:	4:41.93 33.59
5.	JANKOWSKA, Klaudia		98	UKS"GIM 92 Ursynów"W-wa				<b>4:41.98</b>	578	A
	50m:	30.88 30.88	150m:	1:41.25	35.59	250m:	2:53.18	36.02	350m:	4:06.16 36.55
	100m:	1:05.66 34.78	200m:	2:17.16	35.91	300m:	3:29.61	36.43	400m:	4:41.98 35.82
6.	LEWANDOWSKA, Aleksandra		98	MKP Szczecin				<b>4:42.11</b>	577	A
	50m:	31.57 31.57	150m:	1:42.58	36.15	250m:	2:54.21	35.72	350m:	4:06.65 36.53
	100m:	1:06.43 34.86	200m:	2:18.49	35.91	300m:	3:30.12	35.91	400m:	4:42.11 35.46
7.	GRUSZCZY SKA, Aleksandra SO		98	VEGA Dobrodzie				<b>4:42.46</b>	575	A
	50m:	31.76 31.76	150m:	1:43.09	36.29	250m:	2:57.09	37.20	350m:	4:09.05 35.50
	100m:	1:06.80 35.04	200m:	2:19.89	36.80	300m:	3:33.55	36.46	400m:	4:42.46 33.41
8.	MACHULA, Sara		98	KS KSZO Ostrowiec w				<b>4:43.27</b>	570	A
	50m:	32.73 32.73	150m:	1:44.29	36.05	250m:	2:56.64	36.31	350m:	4:08.88 35.90
	100m:	1:08.24 35.51	200m:	2:20.33	36.04	300m:	3:32.98	36.34	400m:	4:43.27 34.39
9.	MYCAK, Katarzyna SO		98	MKS ZRYW Opole				<b>4:43.70</b>	567	A
	50m:	31.60 31.60	150m:	1:43.26	36.72	250m:	2:56.88	36.70	350m:	4:10.00 36.25
	100m:	1:06.54 34.94	200m:	2:20.18	36.92	300m:	3:33.75	36.87	400m:	4:43.70 33.70
10.	WARDZI SKA, Martyna		98	SKS Start Łód				<b>4:44.41</b>	563	A
	50m:	32.49 32.49	150m:	1:44.19	36.18	250m:	2:56.99	36.21	350m:	4:09.70 36.35
	100m:	1:08.01 35.52	200m:	2:20.78	36.59	300m:	3:33.35	36.36	400m:	4:44.41 34.71
11.	WIECZOREK, Magdalena		98	Fala Kra nik				<b>4:44.50</b>	563	B
	50m:	31.79 31.79	150m:	1:43.39	36.11	250m:	2:56.29	36.42	350m:	4:09.40 36.46
	100m:	1:07.28 35.49	200m:	2:19.87	36.48	300m:	3:32.94	36.65	400m:	4:44.50 35.10
12.	GAWLICKA, Maja		98	KORNER Zielona Góra				<b>4:45.31</b>	558	B
	50m:	32.43 32.43	150m:	1:45.01	37.14	250m:	2:58.87	37.08	350m:	4:11.64 35.62
	100m:	1:07.87 35.44	200m:	2:21.79	36.78	300m:	3:36.02	37.15	400m:	4:45.31 33.67
13.	JAROCHA, Wiktoria		98	KS KSZO Ostrowiec w				<b>4:47.43</b>	545	B
	50m:	33.21 33.21	150m:	1:46.48	36.79	250m:	2:58.93	35.44	350m:	4:11.53 36.89
	100m:	1:09.69 36.48	200m:	2:23.49	37.01	300m:	3:34.64	35.71	400m:	4:47.43 35.90
14.	OLEBA, Małgorzata		98	MKP Szczecin				<b>4:48.24</b>	541	B
	50m:	32.70 32.70	150m:	1:44.56	36.39	250m:	2:58.07	36.99	350m:	4:12.13 36.87
	100m:	1:08.17 35.47	200m:	2:21.08	36.52	300m:	3:35.26	37.19	400m:	4:48.24 36.11
15.	WOSICKA, Wiktoria		98	MKP Szczecin				<b>4:48.28</b>	541	B
	50m:	31.34 31.34	150m:	1:43.32	36.73	250m:	2:58.26	37.56	350m:	4:13.14 37.73
	100m:	1:06.59 35.25	200m:	2:20.70	37.38	300m:	3:35.41	37.15	400m:	4:48.28 35.14
16.	KONDRASIUK, Małgorzata		98	UKS"GIM 92 Ursynów"W-wa				<b>4:48.47</b>	540	B
	50m:	32.27 32.27	150m:	1:44.94	36.68	250m:	2:58.59	36.73	350m:	4:12.94 37.19
	100m:	1:08.26 35.99	200m:	2:21.86	36.92	300m:	3:35.75	37.16	400m:	4:48.47 35.53
17.	NOWAK, Weronika		98	MKS Jordan Kraków				<b>4:50.12</b>	530	B
	50m:	33.69 33.69	150m:	1:44.93	36.10	250m:	2:58.37	37.24	350m:	4:13.32 37.47
	100m:	1:08.83 35.14	200m:	2:21.13	36.20	300m:	3:35.85	37.48	400m:	4:50.12 36.80

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Olsztyn, 9- - 11-3-2012

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.	
18.	ROGOWSKA, Paulina		98	Salos Cortile Kielce			<b>4:50.36</b>	529	B	
	50m: 32.59	32.59	150m: 1:46.91	37.35	250m: 3:01.66	37.00	350m: 4:15.28	37.02		
	100m: 1:09.56	36.97	200m: 2:24.66	37.75	300m: 3:38.26	36.60	400m: 4:50.36	35.08		
	MAZUR, Maja		98	Salos Cortile Kielce			<b>4:50.36</b>	529	B	
	50m: 33.46	33.46	150m: 1:47.16	37.23	250m: 3:01.31	37.12	350m: 4:14.63	36.07		
	100m: 1:09.93	36.47	200m: 2:24.19	37.03	300m: 3:38.56	37.25	400m: 4:50.36	35.73		
20.	WO NIAK, Weronika		98	UKS 9 Kalisz			<b>4:51.85</b>	521	B	
	50m: 33.01	33.01	150m: 1:46.16	37.16	250m: 3:01.66	38.04	350m: 4:16.91	37.38		
	100m: 1:09.00	35.99	200m: 2:23.62	37.46	300m: 3:39.53	37.87	400m: 4:51.85	34.94		
21.	KASPROWICZ, AGATA		98	Astoria Bydgoszcz			<b>4:52.38</b>	518	R	
	50m: 32.89	32.89	150m: 1:46.04	36.85	250m: 3:01.14	37.48	350m: 4:18.07	38.33		
	100m: 1:09.19	36.30	200m: 2:23.66	37.62	300m: 3:39.74	38.60	400m: 4:52.38	34.31		
22.	TRZCI SKA, Gabriela		98	MKP Słowianka Gorzów Wlkp.			<b>4:52.68</b>	517	R	
	50m: 32.20	32.20	150m: 1:46.27	37.56	250m: 3:02.04	37.69	350m: 4:17.40	37.77		
	100m: 1:08.71	36.51	200m: 2:24.35	38.08	300m: 3:39.63	37.59	400m: 4:52.68	35.28		
23.	W CŁAWIAK, Irena		98	UKS Wilanowia			<b>4:52.82</b>	516		
	50m: 31.55	31.55	150m: 1:43.81	36.68	250m: 2:59.38	38.00	350m: 4:15.95	38.21		
	100m: 1:07.13	35.58	200m: 2:21.38	37.57	300m: 3:37.74	38.36	400m: 4:52.82	36.87		
24.	GOLE , Martyna		98	Fala Kra nik			<b>4:54.11</b>	509		
	50m: 31.97	31.97	150m: 1:45.29	37.29	250m: 3:01.46	38.27	350m: 4:17.13	37.59		
	100m: 1:08.00	36.03	200m: 2:23.19	37.90	300m: 3:39.54	38.08	400m: 4:54.11	36.98		
25.	KRÓLEWICZ, Konstancja		98	MKS Ikar Mielec			<b>4:54.17</b>	509		
	50m: 32.92	32.92	150m: 1:47.50	38.14	250m: 3:03.22	37.78	350m: 4:18.96	37.69		
	100m: 1:09.36	36.44	200m: 2:25.44	37.94	300m: 3:41.27	38.05	400m: 4:54.17	35.21		
26.	MIELCZAREK, Anna		98	MKS Jordan Kraków			<b>4:55.05</b>	504		
	50m: 32.82	32.82	150m: 1:48.17	38.07	250m: 3:03.83	37.69	350m: 4:20.18	37.27		
	100m: 1:10.10	37.28	200m: 2:26.14	37.97	300m: 3:42.91	39.08	400m: 4:55.05	34.87		
27.	KOWALIK, Natalia		98	Znicz Koszalin			<b>4:56.05</b>	499		
	50m: 33.19	33.19	150m: 1:47.39	37.70	250m: 3:01.39	37.43	350m: 4:17.96	37.81		
	100m: 1:09.69	36.50	200m: 2:23.96	36.57	300m: 3:40.15	38.76	400m: 4:56.05	38.09		
28.	TURZA, Patrycja		98	Górnik Sosnowiec			<b>4:57.15</b>	494		
	50m: 32.95	32.95	150m: 1:47.69	37.87	250m: 3:03.56	38.12	350m: 4:20.35	38.11		
	100m: 1:09.82	36.87	200m: 2:25.44	37.75	300m: 3:42.24	38.68	400m: 4:57.15	36.80		
29.	VAN DOORNE, Gabriela		98	MKP Słowianka Gorzów Wlkp.			<b>4:59.00</b>	485		
	50m: 34.25	34.25	150m: 1:49.71	37.86	250m: 3:06.67	37.92	350m: 4:24.03	38.21		
	100m: 1:11.85	37.60	200m: 2:28.75	39.04	300m: 3:45.82	39.15	400m: 4:59.00	34.97		
30.	ŁUCZY SKA, Martyna		98	UKS oliborz W-wa			<b>4:59.24</b>	483		
	50m: 33.54	33.54	150m: 1:48.11	37.83	250m: 3:03.58	37.92	350m: 4:22.00	39.33		
	100m: 1:10.28	36.74	200m: 2:25.66	37.55	300m: 3:42.67	39.09	400m: 4:59.24	37.24		
31.	PRZYBYSZ, Karolina		98	UKS Pirania Targówek			<b>5:00.40</b>	478		
	50m: 34.92	34.92	150m: 1:51.05	38.43	250m: 3:07.71	38.40	350m: 4:24.03	37.97		
	100m: 1:12.62	37.70	200m: 2:29.31	38.26	300m: 3:46.06	38.35	400m: 5:00.40	36.37		
32.	KRZY AN, MARIA		98	Warta Pozna			<b>5:00.70</b>	476		
	50m: 33.53	33.53	150m: 1:48.80	37.96	250m: 3:06.24	38.82	350m: 4:25.39	39.20		
	100m: 1:10.84	37.31	200m: 2:27.42	38.62	300m: 3:46.19	39.95	400m: 5:00.70	35.31		
33.	WLEZIE , GABRIELA		98	AZS AWF Wrocław			<b>5:01.31</b>	473		
	50m: 33.36	33.36	150m: 1:48.66	38.41	250m: 3:05.84	38.51	350m: 4:23.16	38.56		
	100m: 1:10.25	36.89	200m: 2:27.33	38.67	300m: 3:44.60	38.76	400m: 5:01.31	38.15		
34.	WŁODARCZAK, MARTA		98	Warta Pozna			<b>5:03.74</b>	462		
	50m: 34.69	34.69	150m: 1:52.30	39.12	250m: 3:09.84	38.56	350m: 4:26.80	38.22		
	100m: 1:13.18	38.49	200m: 2:31.28	38.98	300m: 3:48.58	38.74	400m: 5:03.74	36.94		
35.	DYKIJ, DOMINIKA		98	I sk Wrocław			<b>5:05.23</b>	455		
	50m: 34.37	34.37	150m: 1:51.08	38.64	250m: 3:08.83	38.87	350m: 4:27.23	39.01		
	100m: 1:12.44	38.07	200m: 2:29.96	38.88	300m: 3:48.22	39.39	400m: 5:05.23	38.00		

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Olsztyn, 9- - 11-3-2012

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.				Czas				Pkt.	
36.	TEUL, Patrycja		98	MKS Jordan Kraków			<b>5:05.26</b>				455	
	50m:	33.25	33.25	150m:	1:49.78	39.42	250m:	3:11.98	40.90	350m:	4:30.51	39.23
	100m:	1:10.36	37.11	200m:	2:31.08	41.30	300m:	3:51.28	39.30	400m:	5:05.26	34.75
37.	MIERZEJEWSKA, Wiktoria		98	KS"1"O arów Mazowiecki			<b>5:06.11</b>				451	
	50m:	34.61	34.61	150m:	1:50.08	37.71	250m:	3:08.08	39.31	350m:	4:27.37	39.66
	100m:	1:12.37	37.76	200m:	2:28.77	38.69	300m:	3:47.71	39.63	400m:	5:06.11	38.74
38.	GOMOŁA, MONIKA		98	Warta Pozna			<b>5:09.41</b>				437	
	50m:	34.22	34.22	150m:	1:50.61	39.21	250m:	3:10.97	40.23	350m:	4:31.12	40.06
	100m:	1:11.40	37.18	200m:	2:30.74	40.13	300m:	3:51.06	40.09	400m:	5:09.41	38.29
39.	RYZINSKA, Daria		98	MKS "Ros" Pisz			<b>5:10.48</b>				433	
	50m:	35.09	35.09	150m:	1:53.65	39.45	250m:	3:13.75	40.07	350m:	4:33.16	39.77
	100m:	1:14.20	39.11	200m:	2:33.68	40.03	300m:	3:53.39	39.64	400m:	5:10.48	37.32
40.	ZYGA, Natalia		98	UKS NAWA Skierniewice			<b>5:10.61</b>				432	
	50m:	33.82	33.82	150m:	1:52.31	40.66	250m:	3:12.16	39.76	350m:	4:32.65	40.09
	100m:	1:11.65	37.83	200m:	2:32.40	40.09	300m:	3:52.56	40.40	400m:	5:10.61	37.96
41.	SOSI SKA, Aleksandra		98	UKS Cityzen Pozna			<b>5:17.17</b>				406	
	50m:	35.48	35.48	150m:	1:55.24	40.25	250m:	3:15.49	40.13	350m:	4:37.40	40.85
	100m:	1:14.99	39.51	200m:	2:35.36	40.12	300m:	3:56.55	41.06	400m:	5:17.17	39.77
42.	LINKE, Gabriela		98	KS"1"O arów Mazowiecki			<b>5:23.77</b>				381	
	50m:	36.26	36.26	150m:	1:57.46	41.54	250m:	3:20.21	41.40	350m:	4:44.18	41.91
	100m:	1:15.92	39.66	200m:	2:38.81	41.35	300m:	4:02.27	42.06	400m:	5:23.77	39.59
43.	WO NIAK, Karina		98	MKP Szczecin			<b>5:24.14</b>				380	
	50m:	39.47	39.47	150m:	2:04.31	42.20	250m:	3:25.16	40.49	350m:	4:46.50	39.70
	100m:	1:22.11	42.64	200m:	2:44.67	40.36	300m:	4:06.80	41.64	400m:	5:24.14	37.64
DYSKW.	SOŁTYSIK, Lidia		98	UKP Unia O wi cim								
	)-4											
	50m:	34.99	34.99	150m:	1:53.60	39.80	250m:	3:13.53	39.75	350m:	4:33.34	39.43
	100m:	1:13.80	38.81	200m:	2:33.78	40.18	300m:	3:53.91	40.38	400m:		