

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat
Olsztyn, 9 - 11-3-2012

Konkurencja 19
2012-03-10 - 17:35

Dziewcz t, 400m dowolny

14 lat
Wyniki Finał

Rekord Polski Juniorów 14-lat 4:16.92 KILIJA SKA, Donata 00612 KSZO Ostrowiec 2009-11-28

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
Finał A										
1.	KOTOWICZ, Anna		98	UKS MOS Ełk				4:32.10	643	
	50m:	30.04 30.04	150m:	1:38.60	34.55	250m:	2:48.50	34.86	350m:	3:58.46 34.82
	100m:	1:04.05 34.01	200m:	2:13.64	35.04	300m:	3:23.64	35.14	400m:	4:32.10 33.64
2.	WOJCIECHOWSKA, Joanna		98	LUKS Orlik Lublin				4:33.78	631	
	50m:	30.69 30.69	150m:	1:39.79	34.70	250m:	2:49.21	34.14	350m:	3:59.30 35.01
	100m:	1:05.09 34.40	200m:	2:15.07	35.28	300m:	3:24.29	35.08	400m:	4:33.78 34.48
3.	LEWANDOWSKA, Aleksandra		98	MKP Szczecin				4:37.12	609	
	50m:	30.19 30.19	150m:	1:39.01	34.68	250m:	2:49.59	35.55	350m:	4:02.13 36.31
	100m:	1:04.33 34.14	200m:	2:14.04	35.03	300m:	3:25.82	36.23	400m:	4:37.12 34.99
4.	JANKOWSKA, Klaudia		98	UKS"GIM 92 Ursynów"W-wa				4:41.12	583	
	50m:	30.46 30.46	150m:	1:39.12	34.91	250m:	2:50.97	35.96	350m:	4:05.39 37.25
	100m:	1:04.21 33.75	200m:	2:15.01	35.89	300m:	3:28.14	37.17	400m:	4:41.12 35.73
5.	GRUSZCZY SKA, Aleksandra SO		98	VEGA Dobrodzie				4:42.14	577	
	50m:	31.63 31.63	150m:	1:42.26	35.95	250m:	2:55.89	37.11	350m:	4:08.77 36.13
	100m:	1:06.31 34.68	200m:	2:18.78	36.52	300m:	3:32.64	36.75	400m:	4:42.14 33.37
6.	MACHULA, Sara		98	KS KSZO Ostrowiec w				4:42.97	572	
	50m:	32.30 32.30	150m:	1:42.47	35.25	250m:	2:54.50	36.20	350m:	4:07.46 36.24
	100m:	1:07.22 34.92	200m:	2:18.30	35.83	300m:	3:31.22	36.72	400m:	4:42.97 35.51
7.	MYCAK, Katarzyna SO		98	MKS ZRYW Opole				4:43.32	570	
	50m:	31.05 31.05	150m:	1:41.50	35.81	250m:	2:55.00	36.75	350m:	4:08.94 36.81
	100m:	1:05.69 34.64	200m:	2:18.25	36.75	300m:	3:32.13	37.13	400m:	4:43.32 34.38
8.	WARDZI SKA, Martyna		98	SKS Start Łód				4:43.75	567	
	50m:	32.33 32.33	150m:	1:43.39	35.78	250m:	2:56.61	37.07	350m:	4:09.33 36.25
	100m:	1:07.61 35.28	200m:	2:19.54	36.15	300m:	3:33.08	36.47	400m:	4:43.75 34.42
9.	POPIEL, Magdalena		98	Juvenia Białystok				4:45.14	559	
	50m:	31.14 31.14	150m:	1:42.47	36.38	250m:	2:56.19	36.74	350m:	4:10.52 37.04
	100m:	1:06.09 34.95	200m:	2:19.45	36.98	300m:	3:33.48	37.29	400m:	4:45.14 34.62
10.	OLSZEWSKA, Nikola		98	MTS Kwidzyn				4:45.63	556	
	50m:	30.79 30.79	150m:	1:41.61	36.16	250m:	2:55.53	37.10	350m:	4:10.14 36.97
	100m:	1:05.45 34.66	200m:	2:18.43	36.82	300m:	3:33.17	37.64	400m:	4:45.63 35.49
Finał B										
11.	WIECZOREK, Magdalena		98	Fala Kra nik				4:40.38	588	
	50m:	31.24 31.24	150m:	1:41.59	34.95	250m:	2:53.10	35.66	350m:	4:05.61 36.37
	100m:	1:06.64 35.40	200m:	2:17.44	35.85	300m:	3:29.24	36.14	400m:	4:40.38 34.77
12.	JAROCHA, Wiktoria		98	KS KSZO Ostrowiec w				4:42.42	575	
	50m:	32.78 32.78	150m:	1:44.87	36.12	250m:	2:56.09	35.78	350m:	4:07.43 35.27
	100m:	1:08.75 35.97	200m:	2:20.31	35.44	300m:	3:32.16	36.07	400m:	4:42.42 34.99
13.	GAWLICKA, Maja		98	KORNER Zielona Góra				4:44.82	561	
	50m:	32.30 32.30	150m:	1:43.19	35.90	250m:	2:56.39	36.54	350m:	4:10.30 37.12
	100m:	1:07.29 34.99	200m:	2:19.85	36.66	300m:	3:33.18	36.79	400m:	4:44.82 34.52
14.	MAZUR, Maja		98	Salos Cortile Kielce				4:46.32	552	
	50m:	32.87 32.87	150m:	1:45.34	36.75	250m:	2:58.99	36.85	350m:	4:12.05 35.98
	100m:	1:08.59 35.72	200m:	2:22.14	36.80	300m:	3:36.07	37.08	400m:	4:46.32 34.27
15.	WOSICKA, Wiktoria		98	MKP Szczecin				4:46.42	551	
	50m:	31.61 31.61	150m:	1:42.93	36.32	250m:	2:56.80	37.07	350m:	4:11.71 37.36
	100m:	1:06.61 35.00	200m:	2:19.73	36.80	300m:	3:34.35	37.55	400m:	4:46.42 34.71
16.	ROGOWSKA, Paulina		98	Salos Cortile Kielce				4:47.00	548	
	50m:	33.08 33.08	150m:	1:46.88	37.30	250m:	3:00.43	35.78	350m:	4:13.55 36.24
	100m:	1:09.58 36.50	200m:	2:24.65	37.77	300m:	3:37.31	36.88	400m:	4:47.00 33.45

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Konkurencja 19, Dziewcz t, 400m dowolny, Finał, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
17.	KASPROWICZ, AGATA		98	Astoria Bydgoszcz				4:49.29	535			
	50m:	32.28	32.28	150m:	1:45.14	36.86	250m:	3:00.46	37.51	350m:	4:15.36	37.50
	100m:	1:08.28	36.00	200m:	2:22.95	37.81	300m:	3:37.86	37.40	400m:	4:49.29	33.93
18.	NOWAK, Weronika		98	MKS Jordan Kraków				4:49.69	533			
	50m:	33.40	33.40	150m:	1:46.27	36.68	250m:	3:00.55	37.08	350m:	4:15.36	37.79
	100m:	1:09.59	36.19	200m:	2:23.47	37.20	300m:	3:37.57	37.02	400m:	4:49.69	34.33
19.	OLEBA, Małgorzata		98	MKP Szczecin				4:50.09	531			
	50m:	32.89	32.89	150m:	1:45.37	36.72	250m:	2:59.87	37.44	350m:	4:14.45	37.36
	100m:	1:08.65	35.76	200m:	2:22.43	37.06	300m:	3:37.09	37.22	400m:	4:50.09	35.64
20.	WO NIAK, Weronika		98	UKS 9 Kalisz				4:55.46	502			
	50m:	31.36	31.36	150m:	1:43.43	36.89	250m:	2:59.71	38.33	350m:	4:17.86	39.15
	100m:	1:06.54	35.18	200m:	2:21.38	37.95	300m:	3:38.71	39.00	400m:	4:55.46	37.60