

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat
Olsztyn, 9 - 11-3-2012

Konkurencja 20
2012-03-10 - 17:54

Chłopców, 400m dowolny

14 lat
Wyniki Finał

Rekord Polski Juniorów 14-lat 3:59.77 ZONIUK, Maciej 00601 I sk Wrocław (FRA) 2008-11-15

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	ARNDT, Mateusz		98	KS Delfin Gdynia			4:12.86	595	
	50m: 28.33	28.33	150m: 1:32.43	32.34	250m: 2:37.12	32.31	350m: 3:41.45	32.00	
	100m: 1:00.09	31.76	200m: 2:04.81	32.38	300m: 3:09.45	32.33	400m: 4:12.86	31.41	
2.	ZBUTOWICZ, Karol		98	MTP Kormoran Olsztyn			4:15.03	580	
	50m: 28.71	28.71	150m: 1:32.90	32.54	250m: 2:38.34	32.82	350m: 3:43.05	32.27	
	100m: 1:00.36	31.65	200m: 2:05.52	32.62	300m: 3:10.78	32.44	400m: 4:15.03	31.98	
3.	SAKRAJDA, Jakub		98	KORNER Zielona Góra			4:16.51	570	
	50m: 28.74	28.74	150m: 1:33.49	32.79	250m: 2:38.97	32.79	350m: 3:44.82	33.02	
	100m: 1:00.70	31.96	200m: 2:06.18	32.69	300m: 3:11.80	32.83	400m: 4:16.51	31.69	
4.	STERNAK, Piotr		98	KP MZOS Płock			4:17.12	566	
	50m: 28.62	28.62	150m: 1:33.26	32.84	250m: 2:40.03	33.63	350m: 3:46.47	33.20	
	100m: 1:00.42	31.80	200m: 2:06.40	33.14	300m: 3:13.27	33.24	400m: 4:17.12	30.65	
5.	WYSOCKI, Mateusz		98	Znicz Koszalin			4:19.66	550	
	50m: 27.99	27.99	150m: 1:33.08	32.90	250m: 2:39.77	33.61	350m: 3:47.24	33.91	
	100m: 1:00.18	32.19	200m: 2:06.16	33.08	300m: 3:13.33	33.56	400m: 4:19.66	32.42	
6.	KU MA, Bartosz		98	KS"1"O arów Mazowiecki			4:22.22	534	
	50m: 29.44	29.44	150m: 1:34.93	33.16	250m: 2:42.64	34.17	350m: 3:50.38	33.91	
	100m: 1:01.77	32.33	200m: 2:08.47	33.54	300m: 3:16.47	33.83	400m: 4:22.22	31.84	
7.	KASZTELAN, Mateusz		98	UKS MOS Ełk			4:22.53	532	
	50m: 29.58	29.58	150m: 1:36.16	33.51	250m: 2:43.67	33.53	350m: 3:51.18	33.68	
	100m: 1:02.65	33.07	200m: 2:10.14	33.98	300m: 3:17.50	33.83	400m: 4:22.53	31.35	
8.	CHODA , Alan		98	MTP Kormoran Olsztyn			4:23.28	527	
	50m: 29.46	29.46	150m: 1:35.59	33.55	250m: 2:43.69	34.08	350m: 3:51.20	33.38	
	100m: 1:02.04	32.58	200m: 2:09.61	34.02	300m: 3:17.82	34.13	400m: 4:23.28	32.08	
9.	GIERSZEWSKI, JAN		98	MUKS Pi tnastka Bydgoszcz			4:24.37	521	
	50m: 29.30	29.30	150m: 1:36.12	33.95	250m: 2:44.55	34.53	350m: 3:52.04	33.96	
	100m: 1:02.17	32.87	200m: 2:10.02	33.90	300m: 3:18.08	33.53	400m: 4:24.37	32.33	
10.	ULATOWSKI, Wojciech SO		98	UKP Unia O wi cim			4:26.24	510	
	50m: 29.86	29.86	150m: 1:36.95	34.09	250m: 2:45.20	34.48	350m: 3:53.68	34.08	
	100m: 1:02.86	33.00	200m: 2:10.72	33.77	300m: 3:19.60	34.40	400m: 4:26.24	32.56	
Finał B									
11.	SZPOJANKOWSKI, Kacper		98	MTP Kormoran Olsztyn			4:22.68	531	
	50m: 29.97	29.97	150m: 1:36.08	33.38	250m: 2:43.60	33.67	350m: 3:50.84	33.39	
	100m: 1:02.70	32.73	200m: 2:09.93	33.85	300m: 3:17.45	33.85	400m: 4:22.68	31.84	
12.	RYBAK, Konrad		98	UKS Pirania Targówek			4:23.12	528	
	50m: 29.70	29.70	150m: 1:34.83	33.13	250m: 2:43.10	34.42	350m: 3:51.59	33.95	
	100m: 1:01.70	32.00	200m: 2:08.68	33.85	300m: 3:17.64	34.54	400m: 4:23.12	31.53	
13.	LIS, Patryk		98	AVIA widnik			4:23.76	524	
	50m: 28.58	28.58	150m: 1:33.88	33.64	250m: 2:43.10	34.69	350m: 3:52.66	34.52	
	100m: 1:00.24	31.66	200m: 2:08.41	34.53	300m: 3:18.14	35.04	400m: 4:23.76	31.10	
14.	DERE , Kacper		98	MKS 9 Dzier oniów			4:26.53	508	
	50m: 29.59	29.59	150m: 1:36.95	33.95	250m: 2:45.32	33.88	350m: 3:54.37	33.84	
	100m: 1:03.00	33.41	200m: 2:11.44	34.49	300m: 3:20.53	35.21	400m: 4:26.53	32.16	
15.	ZAPALSKI, Konrad		98	Fala Kra nik			4:26.88	506	
	50m: 29.04	29.04	150m: 1:35.65	33.98	250m: 2:44.27	34.36	350m: 3:53.49	34.33	
	100m: 1:01.67	32.63	200m: 2:09.91	34.26	300m: 3:19.16	34.89	400m: 4:26.88	33.39	
16.	NOWAK, Mateusz		98	Neptun Stargard Szcz.			4:27.62	502	
	50m: 29.83	29.83	150m: 1:37.53	34.27	250m: 2:46.42	34.83	350m: 3:55.27	34.10	
	100m: 1:03.26	33.43	200m: 2:11.59	34.06	300m: 3:21.17	34.75	400m: 4:27.62	32.35	

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Pozycja			Rok ur.					Czas	Pkt.			
17.	ROSOCHACKI, Piotr		98	UKS Pirania Targówek				4:27.99	500			
	50m:	30.30	30.30	150m:	1:38.17	34.57	250m:	2:46.88	34.39	350m:	3:56.32	34.45
	100m:	1:03.60	33.30	200m:	2:12.49	34.32	300m:	3:21.87	34.99	400m:	4:27.99	31.67
18.	SAWERA, Krystian		98	MKS Jordan Kraków				4:32.34	476			
	50m:	30.55	30.55	150m:	1:39.11	34.53	250m:	2:49.44	35.20	350m:	3:59.16	34.24
	100m:	1:04.58	34.03	200m:	2:14.24	35.13	300m:	3:24.92	35.48	400m:	4:32.34	33.18
19.	POPIS, Emil		98	MKS-SMS Victoria Racibórz				4:35.46	460			
	50m:	30.25	30.25	150m:	1:39.11	34.72	250m:	2:49.96	35.47	350m:	4:01.32	35.63
	100m:	1:04.39	34.14	200m:	2:14.49	35.38	300m:	3:25.69	35.73	400m:	4:35.46	34.14
20.	TRELA, Karol		98	MUKS Gilus Gilowice				4:41.51	431			
	50m:	31.21	31.21	150m:	1:41.09	35.23	250m:	2:53.49	36.26	350m:	4:06.04	36.36
	100m:	1:05.86	34.65	200m:	2:17.23	36.14	300m:	3:29.68	36.19	400m:	4:41.51	35.47