

34 edycja LLK - V runda
Lublin, 14.11.2010

Konkurencja 11
2010-11-14

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	SZYNAL Ludwika		94	Skarpa Lublin				5:07.19	613
	50m:	34.32 34.32	150m:	1:50.08 37.29	250m:	3:10.34 43.90	350m:	4:31.44 35.87	
	100m:	1:12.79 38.47	200m:	2:26.44 36.36	300m:	3:55.57 45.23	400m:	5:07.19 35.75	
2.	WIERTEL Agata		95	Lublinianka				5:11.74	587
	50m:	33.68 33.68	150m:	1:49.99 38.03	250m:	3:13.32 45.98	350m:	4:35.96 36.03	
	100m:	1:11.96 38.28	200m:	2:27.34 37.35	300m:	3:59.93 46.61	400m:	5:11.74 35.78	
3.	BORD OŁ Katarzyna		94	Skarpa Lublin				5:15.65	565
	50m:	33.97 33.97	150m:	1:54.43 40.87	250m:	3:14.96 47.41	350m:	4:38.91 36.53	
	100m:	1:13.56 39.59	200m:	2:27.55 33.12	300m:	4:02.38 47.42	400m:	5:15.65 36.74	
4.	ZYGO Karolina		96	Olimpia Lublin				5:26.96	508
	50m:	33.44 33.44	150m:	1:54.31 40.50	250m:	3:23.24 48.86	350m:	4:51.11 38.00	
	100m:	1:13.81 40.37	200m:	2:34.38 40.07	300m:	4:13.11 49.87	400m:	5:26.96 35.85	
5.	KARYKOWSKA Katarzyna		96	Skarpa Lublin				5:29.08	499
	50m:	34.06 34.06	150m:	1:55.37 42.12	250m:	3:23.50 47.44	350m:	4:51.44 39.70	
	100m:	1:13.25 39.19	200m:	2:36.06 40.69	300m:	4:11.74 48.24	400m:	5:29.08 37.64	
6.	KARCZEWSKA Joanna		95	Skarpa Lublin				5:33.25	480
	50m:	34.82 34.82	150m:	1:58.14 41.38	250m:	3:27.33 49.67	350m:	4:55.56 37.94	
	100m:	1:16.76 41.94	200m:	2:37.66 39.52	300m:	4:17.62 50.29	400m:	5:33.25 37.69	
7.	WÓJTOWICZ Julia		95	Olimpia Lublin				6:06.93	360
	50m:	39.95 39.95	150m:	2:15.84 48.09	250m:	3:53.86 51.78	350m:	5:28.36 42.19	
	100m:	1:27.75 47.80	200m:	3:02.08 46.24	300m:	4:46.17 52.31	400m:	6:06.93 38.57	
8.	MACIEJEWSKA Joanna		97	Lublinianka				6:09.34	353
	50m:	38.43 38.43	150m:	2:12.16 47.62	250m:	3:49.16 51.23	350m:	5:25.43 44.89	
	100m:	1:24.54 46.11	200m:	2:57.93 45.77	300m:	4:40.54 51.38	400m:	6:09.34 43.91	
9.	ZAWADZKA Kinga		97	Olimpia Lublin				6:10.16	350
	50m:	39.19 39.19	150m:	2:19.96 51.12	250m:	3:54.37 52.38	350m:	5:29.96 3:42.69	
	100m:	1:28.84 49.65	200m:	3:01.99 42.03	300m:	1:47.27	400m:	6:10.16 40.20	
10.	DYRDA Karolina		97	Lublinianka				6:11.58	346
	50m:	37.08 37.08	150m:	2:07.21 45.42	250m:	3:47.81 55.17	350m:	5:28.62 44.75	
	100m:	1:21.79 44.71	200m:	2:52.64 45.43	300m:	4:43.87 56.06	400m:	6:11.58 42.96	